As acting principal at Monto State High School, I’d like to take this opportunity to thank the school and its broader community for the very warm welcome I’ve received. My name is Junn Kato and I come from Albany Creek State High School in the northern suburbs of Brisbane where I am a Deputy Principal. I count myself fortunate to have been given this opportunity to work with what I have found to be a very positive and supportive team here at the high school. From the little I’ve seen so far, this is a reflection of the broader Monto community, and especially its young people.

One of my first duties as acting principal was to attend the recent Australia Day celebrations which featured a number of Monto State High School staff, students and volunteers. I’d like to take a moment to congratulate past students Luke Aisthorpe, Dylan Burgess and Ryan Pickering for being identified for their Cultural, Sporting and Citizenship contributions. Lizzie Younger in Year 7 was also recognised for her contribution to Sport and our own Mrs Stacey Delaney O’Reilly was awarded a certificate for her volunteering in the community. In addition to this, long time tuckshop volunteer Vi Leather was awarded Citizen of the Year and reminded all present that when we recognise the contributions of one person in Monto, we are in fact recognising all of the terrific contributions made by members of the community. I found it personally challenging to realise just how much people in Monto go out of their way to contribute to the lives of others.

Following on the heels of this, our student body voted for their 2017 leaders. Having heard from each candidate, students selected the individuals they felt they could follow this year. This was not an easy decision due to the quality of students involved and in each case, votes were very close. Congratulations to the following students who will serve as leaders in 2017.

School Captains – Madison Low and Alexander Watson
Vice Captains – Megan O’Sullivan and Cameron Brown
Cook House Captains – Alecia Rigg and Troy Johnston
Russell House Captains – Sarah Black and Kurt Evans
Student Council Chairperson – Alexsis Larsen
Student Council Secretary – Jake Dowling
Student Council Treasurer – Tiarna Coogan
Beacon Ambassadors – Jasmina Johnston, Brooke Radel, Jordane Gardiner, Miguel Herrera, Taine Rooney and Cameron Link
Junior Leaders – Aimee Brown, Willis Bygrave, Claire Goody, Gus Kenny, Thomas McLaughlin, Jessie Moscrop

In addition to this, I received notice over the weekend that Jordane Gardiner has been selected to attend the STEM (Science, Technology, Engineering and Mathematics) Girl Power Camp. This is a prestigious program that selects a very small number of promising Year 10 students from around Queensland for an intensive experience that promotes the importance of STEM education. As there are very few places offered as part of the program, it is a great achievement for Jordane to be selected and as the program continues it will provide benefits to other students at the school as well.

In preparation for this school year, our Heads of Department, Mrs Zumbansen and Ms Hyland have worked to develop a goal-setting process for students as part of planning for improvement. Students will be asked to reflect on their academic performance and make plans to improve as the year progresses. As parents, could I please ask that you take the time to discuss this process with your children and encourage them to be optimistic when they set their goals? Adolescence can be a time when students find it difficult to see the bigger picture, so it is important that as their carers, we do what we can to encourage them to keep an open mind and strive to excel.

Thank you again for your warm welcome and I look forward to working with the school community as we build a positive future for our young people.

Junn Kato
Acting Principal
Welcome back to another action packed year at Monto High. I particularly want to welcome our year 10 students to the Senior School and also acknowledge the Year 12 students as they embark on their final year. The year has already been very busy with voting of leadership positions in week 1, Swimming Carnival week 2 and Leadership Investiture Ceremony in week 3.

I would like to congratulate all students who have been selected in a leadership position.

School Captains – Maddison Low and Alexander Watson
Vice Captains – Megan O’Sullivan and Cameron Brown
Cook House Captains – Alecia Rigg and Troy Johnston
Russell House Captains – Sarah Black and Kurt Evans
Student Council Executive – Chairperson – Alexsis Larsen
                               Secretary – Jake Dowling
                               Treasurer – Tiarna Coogan
Beacon Ambassadors - Brooke Radel
                               Jasmena Johnston
                               Jordane Gardiner
                               Taine Rooney
                               Miguel Herrera
                               Cameron Link

These students have taken on extra an commitment in their schooling and I wish them all success. Over the year you will see regular newsletter articles and assembly presentations to let the student body know of important information and events coming up. I know from meetings with these students they are already planning some great events over the semester.

This year we have introduced a new vocational education qualification to the school called Certificate I in Visual Arts. Students in year 10 studying art will be enrolled in this qualification and will study this throughout the year during art lessons. Upon successfully completing this course students will be awarded with this qualification which can contribute towards the Queensland Certificate of Education.

Across the senior school in every subject students have been asked to set a goal for each term. These goal setting forms should be found in their subject books or student diary. The idea around these goal setting forms is for students to become more aware of their achievements and focussed on what is needed to improve. This aligns with our values at Monto High where students need to be striving for excellence and seeking improvement.

Full school assemblies are every Monday morning at 8:50am. Parents are very welcome to attend these assemblies. It is often a good way to see and hear about the great things our students are involved in.

Subject changes need to finalised by the end of week 3 for years 10, 11 and 12. Please see me as soon as possible if you are considering any changes.

Parents, if you have any concerns or questions please feel free to call the school and arrange an appointment to discuss. I look forward to catching up with you at Investiture Ceremony.

Take care

Mrs Zumbansen
Happy New Year to you all. Welcome to all of our new families and students and welcome back to our returning ones. 2017 has started smoothly for our Junior Secondary students. The first school day for the year was filled with many emotions for a lot of students, staff and parents, as we welcomed our Year Sevens into high school. It was great to see the students arrive, looking very smart in their new uniforms. It was also pleasing to see that the students knew exactly where to go as soon as they arrived. I thank all of the staff, parents and the staff from our primary schools for being part of what I believe was a comprehensive and successful transition program last year. I really think that this program had a major impact on the students being prepared and at ease with moving to high school.

By now parents should have received a letter from our Year Level Coordinators introducing themselves and informing you of some important process and events happening this term. Miss Claire Anderson is our Year 7 Coordinator and Mrs Danielle Sinclair is our Year 8 Coordinator and Mr Anthony Gronert is our Year 9 Coordinator.

2017 is shaping up to be an exciting year with many events, experiences and plans lying ahead.

I would like to announce and congratulate our 2017 Junior Leaders. Claire Goody, Aimee Brown, Jessie Moscrop, Willis Bygrave, Gus Kenny and Thomas McLaughlan. Also congratulations to our Junior Student council representatives, Kayne Mitchell, Teely Wolff, Molly Salisbury, Jack Kenny, Matylda Dow and Jespar Delaney O'Reilly  Lailah Mitchell, Ethan Grubb. Our leaders will be inducted tomorrow evening at the Monto Hall. All are welcome to attend this evening.

It was great to see the numbers of junior students involved in the North Burnett Summer trials last Thursday as well as at the Swimming Carnival on Friday. Congratulations to Team Cook on their Victory and to our Junior Age Champions.

All students should by now have received a school diary, timetable and assessment calendar. Students have entered their assessment dates into their diaries and have been advised to hand the assessment calendar to their parents. The front of the fridge is a great place to put this document parents, so as you can keep and eye on and remind students of their upcoming assessment dates. Our school values have been added to our diaries, and students have received a sticker for each of their school books. The sticker has our Values logo printed on it. Students have learnt about these four values and everything we do at Monto State High school we link back to these.

Have a great week.

*Stacey Hyland*

*Head of Department– Junior Secondary*
Hello everyone! My name is Megan O’Sullivan and I am one of your Vice-Captains for 2017. I applied for a leadership role this year as I am really passionate about leadership, the opportunities it creates for someone and the positive influence that a great leader can have on others. I was lucky enough to have attended the Griffith University Leadership Retreat in early January, reminding me of what true leadership can do, and making me more motivated and inspired than ever, to attain a leadership role this year. I am incredibly honoured to have been successful and will try my best to make this year one to remember. Thankyou.

School Captains

Hello parents, guardians, staff, students and community members,

Our names are Alexander Watson and Madison Low, and we have been given both the honour and responsibility of becoming the School captains for Monto State High School for 2017. We, along with our other school leaders are hoping to make 2017 a happy and enjoyable year for everyone around us, and to become closer knit with the junior schools. We will continue to write in the school newsletters as the year progresses, in order to keep you all updated with activities that happen within the school. We are extremely excited for the year ahead and what it holds, and we look forward to sharing it with all of you!

Yours Sincerely,

Madison Low & Alexander Watson

Vice Captains

Hello everyone! My name is Megan O’Sullivan and I am one of your Vice-Captains for 2017. I applied for a leadership role this year as I am really passionate about leadership, the opportunities it creates for someone and the positive influence that a great leader can have on others. I was lucky enough to have attended the Griffith University Leadership Retreat in early January, reminding me of what true leadership can do, and making me more motivated and inspired than ever, to attain a leadership role this year. I am incredibly honoured to have been successful and will try my best to make this year one to remember. Thankyou.
Cook House Captains

My name is Alecia Rigg and I am Cooks House captain for 2017. I am more than privileged to be taking on this role as I have a great love for sport and to see Cook coming together as a team on sports days to take out yet another win will be an astonishing sight. My goal for 2017 will be to encourage all students to just have a go and do their absolute best on sports days.

Hello everyone, my name is Troy Johnston one of the new Cook House Captain. I look forward to this year, trying something new that I never thought of doing, getting some experience on leadership roles. I am honoured to lead the Cook team this year.

Russell House Captains

Hello everyone, our names are Sarah Black and Kurt Evans and this year we are your Russell House Captains for 2017. We look forward to what this year will bring, and thank you all for the opportunity we have been given.

We would like to congratulate Cook for their recent win at the Swimming Carnival, it seems there are plenty of fish in this house. Congratulations to all of the Age Champions. We want to thank our fellow Russell students for their attendance and participation on the day. It was a great day and you made us proud. Thanks to the staff and parents who assisted in ensuring we had a memorable carnival.

We look forward to the Cross Country at the end of the term. Look out Cook, fish don’t do so well out of water!
Hello fellow community, my name is Tiarna Coogan and I am pleased to announce that accompanied by Jake Dowling and Alexis Larsen, we are the Student Council Leaders for 2017. I was very pleased to receive the roll of treasurer, whilst Jake received the roll of secretary and Alexis was announced this year’s chairperson. We are all very excited and anxious to be a part of this year’s student leaders and look forward to being the best leaders we can be. This year we will have ongoing fortnightly meetings with Student council representatives, teachers and fellow students to work on our goals for 2017. We are straight into working on fundraisers, socials and ideas to better the school community. We will also be running whole school lunch time events to create interaction between senior and junior schools, which everyone will enjoy. We have a lot to plan for this year, and a lot of ideas to make 2017 an awesome year. On that note, we would like to congratulate our other school leaders, and look forward to working with them this year. Look out for our articles in each newsletter where we will keep you updated on our ideas and progress, sincerely,
Student Council.

Hi guys! My name is Miguel Herrera, I’m one of the BEACON Ambassador representing Monto State High School this year. This is actually my second year of representing MSHS as a leader. I like to listen to music, playing video games and playing sports at school with my friends. My favourite subjects are Maths, Graphics and most important is reassess/Beacon Leaders

My name is Jordane Gardiner; I am one of six Beacon Ambassadors for 2017. This year I started a school traineeship for kitchen operations. This is my third leadership role I have received at Monto state high school. I take interest in many sports such as netball, volleyball and swimming. I am always enthusiastic about my education.

Hi guys! My name is Miguel Herrera, I’m one of the BEACON Ambassador representing Monto State High School this year. This is actually my second year of representing MSHS as a leader. I like to listen to music, playing video games and playing sports at school with my friends. My favourite subjects are Maths, Graphics and most important is reassess/

Hi my name is Jasmenda Johnston, My interests are Volleyball, music and having fun with family and friends. The reason I became a Beacon Ambassador is because I care about my future and about learning new thing.

Hi, My name is Cameron Link. I am very excited to be a Beacon Leader this year.

My name is Brooke Radel, I'm in cadets and I like to play netball. I wanted to be a BEACON Ambassador because I believe that it is important to be polite and have good etiquette when in the workplace.

Hi my name is Taine Rooney and I am one of the Monto state high school BEACON ambassadors for 2017. I decided to run for position of BEACON leader, because I felt this role would help improve my public speaking and leadership skills. This is the first time I will experience being in a leadership position and I look forward to being involved in the programme and all that we will learn on the way. My favourite sports include basketball, soccer, golf, touch football and call of duty if that counts and I’d like to say that I am honoured to be chosen for the position this year and thank you.
Monto State School P & C Association
AGM
Thursday 16th February
Monto State School Library
5.30pm
All welcome

Expression of Interest
School Based Traineeship
Monto State High School Tuckshop
Cert II Hospitality

Please submit by 15th February, expression of interest and Resume to:
Stacey Delaney O’Reilly
sdel71@eq.edu.au or school library

Monto State High School
P & C AGM
Tuesday 21st February 2017
6:00pm MSHS Resource Room (Library)
It will be great to have parents and community members
attend and support their P and C.
All positions will be declared vacant.
We look forward to seeing you there
Swimming Carnival Results

Our annual swimming carnival was held on Friday at the Monto Pool. The day was successful, with plenty of championship races, novelty events, broken records and cheers. Congratulations to Cook who was awarded Champion House and to Russell who won the Novelty Shield.

Congratulations to the following students who were awarded swimming age champions:

12 Girls - Molly Salisbury
12 Boys - Lucas Spletter
13 Girls - Chelsea Knight
13 Boys - Brayden Rigg
14 Girls - Lailah Mitchell
14 Boys - Blake Barnett
15 Girls - Sascha Dowling
15 Boys - Daniel Phillips
16 Girls - Lana Keitley
16 Boys - Angus Dow
17 Girls - Alecia Rigg
17 Boys - Brenton Dowling
Open Girls - Sarah Black
Open Boys - Troy Johnston

We had several records broken. These include:

Alecia Rigg - 17 Girls Backstroke 36.40
Brayden Rigg - 13 Boys Butterfly 40.42
Angus Dow - 16 Boys Backstroke 37.21
Brenton Dowling - 17 Boys Freestyle 30.35
- 17 Boys Backstroke 37.55
- 17 Boys Butterfly 32.40
Troy Johnston - Open Boys Backstroke 50.00

Congratulations students.

Summer Trials

Monto held the North Burnett Summer Trials on Thursday. Students participated in volleyball, touch football and tennis.

Students selected in district teams were:

Tennis - Sophie Bygrave, Matylda Dow, Brodie Bygrave, Todd Grubb, Ralph Domingo, Connor Roth

Volleyball – Jordane Gardiner, Lailah Mitchell, Melissa Birch, Alannah King, Chloe Harm, Megan Birch, Lana Keitley, Lani Pickering, Naomi Steger

Touch Football – Gus Kenny, Miguel Herrera, Layne Mitchell, Chelsea Knight

Cricket and softball teams will be announced this week some time. Information regarding the Wide Bay Summer Trials will be sent home ASAP. These trials will be held on Thursday, 16th February.
Hello and thank you for your welcome to Monto High School in my new role as the School Based Youth Health Nurse. It is an exciting change for me and something that I feel confident I can play a part in a very positive way.

I have already met and spoke to many of the students and have started planning towards how I could contribute to the learning curriculum at our school. I am starting to build links with the students, teachers and administrations to how to meet with me, link in with the resources of school based youth health service and work in with the staff and parents to ensure that the well being of students is maintained.

I have been fortunate to have worked (and still do work) in Monto for many years in both acute care at Monto Hospital, general practice at Monto Family Practice and community domiciliary nursing with Blue Care. I have during this time formed some very reliable and secure links with support agencies, allied health professionals and importantly local and out of town nursing mentors that will be of great benefit to me in this position.

The school based youth health nurse provides support for the school, the students and the teachers. We do not provide first aid but more active listening, health prevention information and referral. We are focused on the adolescent and their health and well being so they can work towards a healthy and successful future. This is what I find to be very exciting. It is important for everyone to know that this is a very professional, non-judgemental and confidential service to our school under a code of ethics and conduct.

Most of the students will know me from the Hand washing, Puberty Clues and Big Day Out programs that I have coordinated for the last 15 years in our community. These programs have been well supported locally and this position will complement our plans in 2017 at Monto High School and the children's "healthy" futures.

Please contact the office if you need to meet with me or catch me around the school on Wednesday and every 2nd Thursday.

Anita Salisbury
Career Information

Australian Defence Force (ADF) Work Experience
Thinking of applying for the ADF when you finish school? As joining the ADF is a lifestyle decision not just an occupational decision, it is essential that you explore this career option thoroughly. One way to do this is through work experience. Visit the Defence Work Experience Program website at http://www.defence.gov.au/workexperience/ and look for work experience options in Queensland. Applications are available on the site. You should discuss your interest in an ADF work experience program with the school’s guidance officer, Ms Carroll, before submitting an application.

National Institute of Fitness Career Profiles
Ideal for anyone interested in a career in the fitness industry, this webpage contains a number of profiles on how to become a fitness professional and what attributes fitness and health organisations are looking for in potential employees.
http://fitness.edu.au/your-career/

How to organise your study sessions
http://this.deakin.edu.au/study/how-to-organise-your-study-sessions

Figuring out what to do with your life
If you’re feeling overwhelmed by choice or trapped by a decision you’ve made, here are some tips that can help you on your way to satisfaction in your career.

Australian Jobs
The Australian Jobs publication provides an overview of the Australian employment market and highlights which industries and occupations have experienced change.

How to survive year 12
Starting Year 12 this year? Click this link to find out how to survive the year: http://www.youthcentral.vic.gov.au/studying-training/secondary-study/6-tips-for-surviving-year-12
The Good Universities Guide also gives tips on how to survive year 12. Click here to find out more: https://www.gooduniversitiesguide.com.au/education-blogs/tertiary-study/year-12-survival-tips

Study smarter this year
Wanting to study smarter this year? Watch this video summarising Marty Lobdell’s “Study Less Study Smart” video. Watch here: https://www.youtube.com/watch?v=23Xuq0Xlfs
For tips on studying throughout all areas of education, whether high school or university, Subscribe to Thomas Frank (College Info Geek) here on YouTube: https://www.youtube.com/channel/UCG-KntY7aVnIXgXYEBQvmBAQ
For more information contact the school’s guidance officer, Ms Jane Carroll (Email:jcarr100@eq.edu.au)

The above information has been gathered from a range of sources including publicly available websites, institutional and organisational newsletters, student and career advisers and guidance officers. Every effort has been made to ensure the information provided is accurate and up-to-date at the time of publication.
## FOR SALE

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<th>Price</th>
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<tr>
<td>2 slat pull up blinds 1200 wide teak colour</td>
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<td>1 shed roller door 2.48 wide green colour and fittings</td>
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<tr>
<td>1 2.4 x 1.2 x 19mm sheet MDF</td>
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<td>1 mobile pin board on legs, no wheels 1830 high x 1210 wide</td>
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<td>3 shelves and brackets attachable</td>
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<td>2 Old push mowers (MTD) (VICTA)</td>
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<tr>
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<td>1 Upright Deep Freezer</td>
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<td>1 portable trolley</td>
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# DATES TO REMEMBER

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<th>Date</th>
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<tr>
<td>7 February</td>
<td>Investiture Ceremony</td>
<td>Monto Community Hall</td>
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<tr>
<td>2 March</td>
<td>Yr 7 Vaccinations</td>
<td>HPV</td>
</tr>
<tr>
<td>7-10 March</td>
<td>Biology Excursion</td>
<td>Years 11 and 12</td>
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<tr>
<td>13 March</td>
<td>School Photos</td>
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<tr>
<td>14 March</td>
<td>Beacon Business Launch</td>
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<tr>
<td>21 - 24 March</td>
<td>History/Ancient History Excursion</td>
<td>Years 11 and 12</td>
</tr>
<tr>
<td>28 - 29 March</td>
<td>Year 7 Camp</td>
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<td>31 March</td>
<td>Cross Country Carnival</td>
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<tr>
<td>1 April</td>
<td>Monto Race Day</td>
<td>School Holidays commence</td>
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<tr>
<td>17 April</td>
<td>Easter Monday</td>
<td>Public Holiday</td>
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<tr>
<td>18 April</td>
<td>Term 2 Commences</td>
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<tr>
<td>21 April</td>
<td>Report Cards Handed out</td>
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<td>25 April</td>
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<td>ANZAC Day</td>
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<td>26 April</td>
<td>Parent/Teacher Interviews</td>
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<td>1 May</td>
<td>Public Holiday</td>
<td>Labour Day</td>
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<tr>
<td>5 May</td>
<td>Beacon Polish</td>
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<tr>
<td>11 May</td>
<td>Year 7 Vaccinations</td>
<td>HPV</td>
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<td>14 - 16 June</td>
<td>Rocky Show</td>
<td>Cattle Club</td>
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<td>15 - 19 June</td>
<td>Senior Exam Block</td>
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<td>20 June</td>
<td>Beacon Volunteers Lunch</td>
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<tr>
<td>22 - 23 June</td>
<td>Athletics Carnival</td>
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</tbody>
</table>
We need your help

School Watch is a community based awareness and crime prevention program aimed at safeguarding schools against vandalism, theft and arson.

We depend on students, parents and all members of the local community to:

1. LOOK
2. LISTEN and
3. REPORT

☎️ 13 1788
or phone your local police

DO NOT take any further action.
Upcoming Training Workshops – Monto

Free training is being offered and shared within your community.
There are minimum numbers for the training to proceed, please ensure you register your interest in attending.

Family Friendly Parenting

Benefits
Good parenting involves everyone working together to tackle the interesting challenges that children can present. Knowing what you want to achieve, why you want to achieve it and most importantly how you are going to achieve these results as a parent is a good place to start.

This workshop will help you:
- Understand your child’s brain and why it rules their emotions, behaviours and reactions.
- Know what you want so you can choose your parenting battles.
- Improve communication and learn some simple techniques to actively listen to what your child is actually trying to say.
- Remember to be kind to yourself as a parent.
- Discover your parenting style and how it influences your communications.

This free workshop will help you to recognise the key elements of understanding and communicating with your children, giving you practical tips & skills on how to engage, respond, and offer support.

Date: Wednesday 15th February
Times: 9:00am-1:00pm
Venue: Community Hall, 51 Newton St, Monto [light refreshments provided]
RSVP: To register, email us at crcounselling@uccommunity.org.au or call (07) 3624 2428
Rural Youth Meet and Greet

Where: Monto Neighbourhood Centre
When: Friday 10th February 3 pm–5pm
Sausage Sizzle

Please Call Nadine on 0447061775 for more information